
"WHY YOU SHOULD NOT FEED YOUR DOG CERTAIN FRUITS AND VEGETABLES!"

## Straight-Backed

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Care for pets, Improve pet health, and maintain a healthy_pet lifestyle.

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## Straight Backed German Shepherds

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> Seaford, DE 19973
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## What Everybody Ought To Know About Giving Your Dog Fruits And Vegetables

Dog owners will, from time to time, give their four-legged friends a table treat. Some fruits and vegetables are very harmful to dogs. Yes, some foods are unhealthy and dangerous to your canine companion.

Dogs digest foods differently than we do. We love to spoil our dogs, but sometimes that can come at a price, financially and physically.

Your dog is an omnivore. Which means it does not need fruits or vegetables in its diet. But, the occasional fruit or vegetable is okay as a loving treat.

## Here is a short list of fruits and vegetables that can and can

 not be shared:

## Apples

YES! Apples are fine for dogs, especially senior canines. Dogs like them frozen and at room temperature.

## Carrots

YES! Dogs can have carrots. This snack is lowcalorie, and high fiber. Carrots are also good for your dogs teeth.


## Bananas

YES! Most dogs love bananas. They are low calorie, and should only be given as a treat.


## Broccoli

YES! Broccoli is okay for your dog in very small quantities. Broccoli is also high in fiber and vitamin C. Remove the stalk first.

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## Bluberries

YES! Dogs can have blueberries. They are a superfood for your dog. Try them as an alternative to store-bought treats.


## Avocado

NO! Dogs should NOT eat Avacodo. They contain Persin and cause diarrhea as well as vomiting in dogs.

## Cantaloupe

YES! Cantaloupe is good for dogs. It's high in sugar, so share in moderation. Overweight or diabetic dogs should avoid this treat.

## Cranberries

YES! Cranberries are safe for your furry friend. They are tart, so your dog might not like them. Don't give your dog too many cranberries.

## Grapes

NO! Grapes and raisins are very toxic for dogs. Kidney failure can be the result of giving your dog grapes or raisins.

## Green Beans

YES! Dogs can eat green beans. All types of green beans are safe for your dog, as long as they are plain.

## Peas

YES! Peas are safe for your dog. But, avoid canned peas with added sodium. Peas contain several vitamins.

## Cherries

NO! Cherries contain cyanide and are toxic to dogs. You don't want to poison your dog. Cherries are not good.

## Cucumbers

YES! Cucumbers are suitable for dogs. They contain vitamins K, C, and B1. They are also ideal for overweight dogs.

## Mango

YES! dogs love Mango. They are loaded with vitamins $A$, B6, C, and E. DO NOT let them have the pit. It contains cyanide.

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## Oranges

YES! Your dog can eat oranges. But, the citrus smell they may find unpleasant. Your dog will get potassium and vitamin $c$.


## Pineapple

YES! Pineapple is safe for dogs. The fruit is full of vitamins, minerals, and fiber. Be sure to remove the prickly outside peel and crown.

## Raspberries

YES! Raspberries are fine in moderation. They are low in sugar and calories. Raspberries are also good for senior dogs.


## Tomatoes

NO! Dogs should avoid tomatoes. The green parts are toxic to dogs. They contain a toxin called solanine


## Asparagus

NO! Dogs should not eat asparagus. It isn't necessarily unsafe for dogs. But, the cooking process removes all of the nutrients.

## Peaches <br> Peaches

YES! Peaches are safe for dogs. Small amounts, fresh or frozen, provide vitamin $A$ and fiber. Like cherries the pit contains cyanide.


## Pumpkin <br> Pumpkin

YES! Pure pumpkin is a healthy snack for your dog. Pumpkin is also great for your dogs digestion. Pumpkin pie mix is not good!


## Strawberries

YES! Strawberries are full of fiber and vitamin C. They contain sugar, so moderation is key. Strawberries can also whiten your dogs teeth.

## Watermelon

YES! If you remove the seeds and rine, watermelon is fine for dogs. It's full of vitamin $\mathrm{A}, \mathrm{B}-6$, and C . Watermelon is 92\% water.


## Brussel Sprouts

YES! Dogs can eat brussels sprouts. They are loaded with nutrients and antioxidants. But beware, they will give your dog gas. Pew!

## Spinach

YES! Your dog can eat spinach. But, you'll probably want to give him another vegetable. Spinach is high in Oxalic acid.

## Mushrooms

NO! Dogs should avoid mushrooms. They can be toxic for dogs. So, skip the fungi snack for your dog. You'll be glad you did.


## Celery

YES! Celery is safe for dogs. It contains vitamins $A, B$, and C. Celery also has nutrients that promote a healthy heart.

## Onions

NO! Dogs should never eat onions. Onions, leeks, and chives are Allium plants. These plants are poisonous to most pets.


## Going forward...

Now that you know what fruits and vegetables are good or bad for your dog, this information can help your dog live a healthier lifestyle. We love our furry friends. So we need to know what they can and can not eat.

For a long time, dog owners assumed dogs could eat anything in the refrigerator. Nothing could be further from the truth. Dogs can't eat everything that humans eat.

Furthermore, dogs are omnivores. And they do better with a diet that doesn't contain grains or fillers. But that's a conversation we'll have at a later date.

Keep this PDF handy. Refer to the information often to be sure not to give your dog fruits or vegetables that could be harmful. And remember, "our pets depend on us to know what's best for them!"

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