

All Natural Canine Ice Cream Cups



Ingredients

2 ripe bananas

1/2 cup natural peanut butter
(xylitol-free)

1 cup plain yogurt (make sure it doesn't contain
any artificial sweeteners)

1 teaspoon pure vanilla extract



Remember to feed these in moderation, especially if your dogs have any dietary restrictions or allergies. It's always a good idea to check with your veterinarian before introducing new treats to your dog's diet. Enjoy the ice cream adventures with your furry friends at Straight Backed German Shepherds.

Directions

- 1. Prepare the Base:** Peel the bananas and mash them in a bowl until smooth. Bananas add natural sweetness and a smooth texture to the ice cream.
- 2. Combine Ingredients:** Add the plain yogurt, peanut butter, and vanilla extract to the mashed bananas. Mix everything thoroughly until you get a smooth and consistent mixture.
- 3. Pour into Cups:** Use small silicone cups or ice cube trays as molds. Spoon the mixture into the cups, filling each one evenly.
- 4. Freeze:** Place the cups in the freezer for at least 3-4 hours or until they are completely frozen. This might be the hardest part – waiting for the treats to freeze!
- 5. Serve:** Once frozen, pop the treats out of the molds, and voila! You have canine-friendly vanilla ice cream cups ready to be served. You can let your German Shepherds enjoy these tasty treats on a hot day or as an occasional special treat.

